



Wing 1 (2 minutes):

Pick a thing you want to spend more time thinking about, and assign it to this wing.

Name five to seven things related to that topic, and place one on each feather. You can unbraid the wings in your mind if it's easier to keep things in order.

AFTER WING 1, CHAT FOR 3 MINUTES proceed through your feathers, don't check your notes, discuss what works or doesn't

Wing 2 (2 minutes): Pick another thing you want to spend more time thinking about, and assign it to this wing.

As you assign ideas to feathers, experiment with different ways of making them memorable.

AFTER WING 2: CHAT FOR 3 MINUTES proceed through your feathers on both wings, don't check your notes, discuss what works or doesn't

WING 1 (2 MINUTES)

Pick a thing you want to spend more time thinking about, and assign it to this wing. Name five to seven things related to that topic, and place one on each feather.

CHAT FOR 3 MINUTES

proceed through your feathers, don't check your notes discuss what works and what doesn't

WING 2 (2 MINUTES)

Pick another thing you want to spend more time thinking about, and assign it to this wing. As you assign ideas to feathers, experiment with different ways of making them memorable.

CHAT FOR 3 MINUTES
proceed through your feathers, don't check your notes
discuss what works and what doesn't