Friends of Attention - First Friday Exercise of January 6 2023 Led by: Stevie Knauss

PROTOCOL



 CHOSE AN "INSTALLATION" OR ARRANGEMENT OF OBJECTS IN THE ROOM WHERE YOU ARE SITTING.



2) ATTEND TO THE INSTALLATION (2 MINUTES) TAKE A PHOTO OF IT.



3) INTERVENE ON THE SCENE (I MINUTE)



4) ATTEND TO THE TRANSFORMED INSTALLATION (2 MINUTES)
TAKE A PHOTO OF IT.































