

ATTENTION TO THE EARTH - ATTENTIONAL EXERCISE
NEPHO - MANCY
(CLOUD) - (PROPHECY)

- 1. CLEAR YOUR MIND AND CLOSE YOUR EYES. WHEN YOU ARE READY, LOOK AT THE SKY.**
- 2. BE PATIENT. WHAT DO THE CLOUDS OFFER?**
- 3. BE ATTENTIVE TO THE CLOUDS.**
- 4. CONSIDER THE ANSWER RECEIVED.**