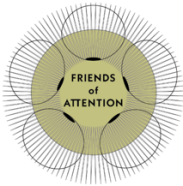


Chat Thread –
Friends of Attention
“First Friday” of 5 March
Attention to Shadows
(Adam Jasper, with an opening exercise by *Penumbra*)



14:00:25 From Logan Dennison to Everyone : Where are you located G?
14:14:23 From Ana Marques to Everyone : Can you move your camera closer? :)
14:14:50 From Logan Dennison to Everyone : Jesse P asked I share the podcast I'm helping with.
"This Podcast is a Ritual"
<https://open.spotify.com/show/0mact0Sv0FpN9Z9PDcyLDX?si=58xUwV43SLG126C2p8AySQ>
14:27:42 From Hermione Spriggs to Everyone : post-shadows: dimming my laptop screen
14:28:03 From Carlos Montemayor to Everyone : shadows v. reflections. intensified light v. mere absence of light. shadows are always "informed."
14:28:06 From Marina McDougall to Everyone : Bob Miller's revelatory Light Walks at the Exploratorium: <https://www.exploratorium.edu/bob-miller/light-walk/video>
14:28:20 From Jesse Prinz to Everyone : thanks penumbra
14:29:20 From Jesse Prinz to Everyone : here is a japanese word for the dappled light filtered by leaves: komorebi
14:29:31 From Logan Dennison to Everyone : Powerful attunement. Now I see shadows everywhere.
14:29:38 From Jesse Prinz to Everyone : But no word for the dappled leaf shadows :)
14:33:03 From D. Graham Burnett to Everyone : Orienteering....
14:35:14 From D. Graham Burnett to Everyone : Very cool....
14:35:22 From D. Graham Burnett to Everyone : Gnomon....
14:36:07 From D. Graham Burnett to Everyone : The shadow: that which links "heaven" and earth...
14:38:44 From Carlos Montemayor to Everyone : Shadowy cosmoarcheology for joint attention traveling.
14:40:19 From Zach McLane to Everyone : first photography
14:40:55 From D. Graham Burnett to Everyone : And first bas-relief (sculpture); as the story goes that she uses her dad's clay to make a model on the outline...

14:40:59 From Joanna Fiduccia (she/her) to Everyone : And, because her father is a potter, who proceeds to press clay into the outline of her lover's face and then fire it, also strangely the origin on sculpture

14:41:08 From D. Graham Burnett to Everyone : ^^^^

14:41:12 From Joanna Fiduccia (she/her) to Everyone : (Dibutades)

14:42:47 From Anya Yermakova to Everyone : The shadow *touching*

15:15:53 From Daphne B to Everyone : Noticed that foreshortening can crisp the diffuse edge of a shadow - pressed myself against the wall to give the shadow clarity

15:15:54 From Logan Dennison to Everyone : Our group all four engaged with very different approaches to noticing, choosing, and deepening shadows.

15:16:09 From Ana Marques to Everyone : Marina, Jeff and Khaled: I'm curious about the Sustainable Attention thing and will be glad to hear more about its purpose :)

15:16:32 From Anya Yermakova to Everyone : Likewise, the shadow movement was much faster than I would have thought!

15:16:57 From Hermione Spriggs to Everyone : penumbra group: on wolf-shadows
<https://www.amnh.org/explore/news-blogs/on-exhibit-posts/wolf-diorama-updated>

15:17:03 From Logan Dennison to Everyone : Daphne's approach woke me up to the relationship of our physical position and how shadows seem to move

15:17:13 From Zach McLane to Everyone : My entire apartment is in shadow since a construction project has been built next door. Found a sliver of light in my living room and closed all the windows - darkening my whole apartment and making the light more clear

15:17:18 From David Landes to Everyone : the cheese wax I dotted up on the wall apparently looks way cooler over zoom, making the wall looks 3D and ridged. But I can't see what they see!

15:17:38 From Federica Soletta to Everyone : Thank you, what a wonderful session. Our group talked about the many parallel lives of shadows. Is the notion of shadow only visual?

15:17:46 From Carlos Montemayor to Everyone : Deepening shadows through other senses? Or are shadows essentially visual? Auditory shadow: doppler effect. Aftertaste. Language as shadow of the real. Shadows as making visual space "realistic" versus virtual. Chaco canyon as moon-based shadowing. "Cast" as intersection between the ephemeral nature of the shadow and the materiality of objects.

15:18:38 From Jeff Dolven to Everyone : One way to deepen a shadow is to drown it.

15:18:54 From Hermione Spriggs to Everyone : that's a beautiful poem Jeff

15:19:06 From Jesse Prinz to Everyone : also read: In Praise of Shadows by Jun'ichirō Tanizaki

15:19:19 From Ginsberg to Everyone : I deepened the shadow by drawing in the shadow of my hand, drawing the shadow :)

15:20:14 From Ana Marques to Everyone : Marina also mentioned this book In Praise of Shadows!

15:20:23 From Jesse Prinz to Everyone : :)

15:20:34 From Carlos Montemayor to Everyone : Thanks Penumbra and Adam!

15:20:36 From Kyle Berlin to Everyone : How to align a shadow to its object? Shadows can overlap where objects can't. Shadows tracking geography, time, their passage. Who codes the shadows to disappear in a video game when the character dies? How might our shadows last after death? What if we left imprints of shadows where we went? How does a shadow's

gradations disappear into nothingness—where is the line where the shadow is suddenly gone (and not only infinitesimally faint)?

15:20:40 From Marina McDougall to Everyone : We all were brought back to Adam's suggestion of the way shadows bring us into time and space as well as a sense of how swiftly light moves _ the ephemerality and notions of impermanence. The Japanese concept of mono no aware is touched by Jun'ichirō Tanizaki In Praise of Shadows.

15:20:40 From Penumbra to Everyone : thank you adam!!

15:20:47 From Kristin Lawler to Everyone : That was amazing, thank you so much!!!

15:20:49 From Kyle Berlin to Everyone : Adam I want to listen to you forever