

ATTENTION to SHADOWS

5 March 2021

Adam Jasper

and the

[Friends of Attention](#)



EXERCISE

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Explore the shadows of your space and choose one.

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then

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1. *“Document”* that shadow (any means/medium).

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- I. *“Document”* that shadow (any means/medium).
- II. *DEEPEN* that shadow (however you like).

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(We will reconvene in 10 minutes to discuss ...)

